MONITORING FOR COVID-19 SYMPTOMS

It is very important that we all work together to ensure each other's safety. Every day, before coming to a campus site for work or class, you should screen yourself for symptoms and check your temperature. If you experience any of the symptoms listed below, or do not feel well for some other reason, you should not report to campus for work or to go to class. Instead, employees should call their primary care provider and notify their supervisor. Students should contact Student Health Services or their primary care provider and their instructors.

The information presented in this document on COVID-19 symptoms and screening/self-monitoring is based upon guidance provided by the Department of Health and Human Services and on the Centers for Disease Control and Prevention website.

SYMPTOMS

A wide range of symptoms have been reported with COVID-19. These symptoms may appear 2-14 days after being exposed to the virus:

- Fever higher than 100 degrees, or feeling hot/cold chills
- Cough
- Sore throat
- Shortness of breath/difficulty breathing
- Body aches out of the ordinary
- New loss of taste or smell

This list of symptoms is not a complete one; please consult with your medical provider if you are experiencing any symptoms that are severe or concerning to you.

If you have been in close contact (within 6 feet for 15 minutes or longer without a face covering) with someone who has tested positive for COVID-19 or is being tested for COVID-19, you should also not report to a campus site for work or to attend class and you should notify your supervisor or instructor.

If you develop symptoms while at an on campus worksite or class, you should notify your supervisor or instructor, leave work or class immediately, and call your primary care provider or, for students, Student Health Services or primary care provider.

If you experience COVID-19 symptoms and/or are diagnosed with COVID-19, we ask that you please complete the UNCG COVID-19 Self-Reporting Form. The University will use this information to make a determination if additional cleaning and other response actions need to be taken on campus. Your personal information will be kept confidential.